

PERMISSION/CONSENT FOR AUDIO/VIDEO TAPING THERAPY SESSIONS

To continue my growth as a therapist and become proficient in Emotionally Focused Therapy (EFT), I often obtain video and/or audio recordings of therapy sessions for the purpose of direct supervision of my work. Consent is required to tape confidential therapy sessions. Tapes are only reviewed by licensed and qualified supervisors of the EFT approach.

We, _____, and _____
consent to the audio/video taping of sessions with Maryam Maafa, Counselling Psychologist.

We are aware of the presence of the audio/video equipment and permit the use of all or part of the video tapes for the purpose of; my educational review to assist me in my learning and supervision of EFT, also my supervisor's consultation with a clinical supervisor(s) and/or training group to assist me in my learning of EFT and the potential submission to ICEEFT for the purpose of the Certification process.

Documents and tapes submitted to ICEEFT are destroyed after use for supervision and/or the certification process. Recording DO NOT become part of your regular record.

In no way will the refusal to grant consent for this audio/video taping effect my getting assistance for my supervision needs nor will it impact our therapist/client relationship. If at any time you wish to stop the taping, you may do so. Feel free to address any questions or concerns about this consent or other concerns that arise about taping at any time.

Printed Name: _____

Signature: _____

Date: _____

Printed Name: _____

Signature: _____

Date: _____

Therapist Name: _____

Signature: _____

Date: _____